THERE MOMS ARE MONS WAY WORSE THAN YOU

Irrefutable Proof That You Are Indeed a Fantastic Parent

GLENN BOOZAN *Illustrated by Priscilla Witte*

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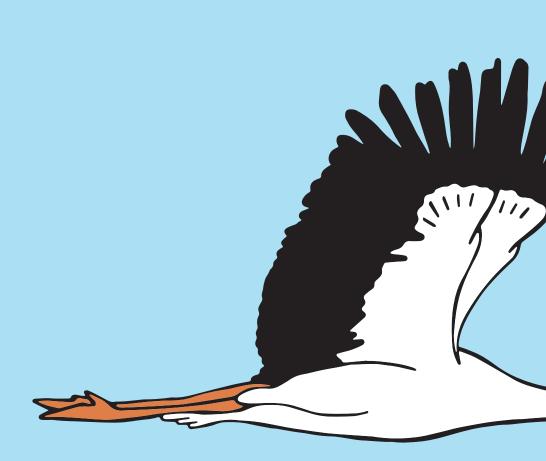
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For the mothers in my life who not only aren't the worst, but in fact are the best: my sisters Alex and Amber.



Congrats, you had a kid (or two)! Oh, what a time of joy.

You got the crib, the car seat, bib; you bought the perfect toys. You read the books, you did the work, you **baby-proofed** your stuff.

HC

Eat Pray Mom

Parenting 101

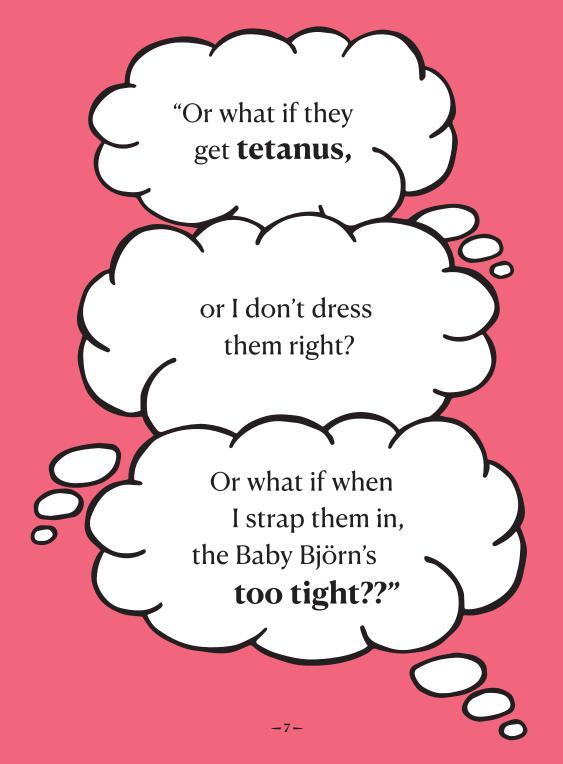
Good Mom /Bad Mor

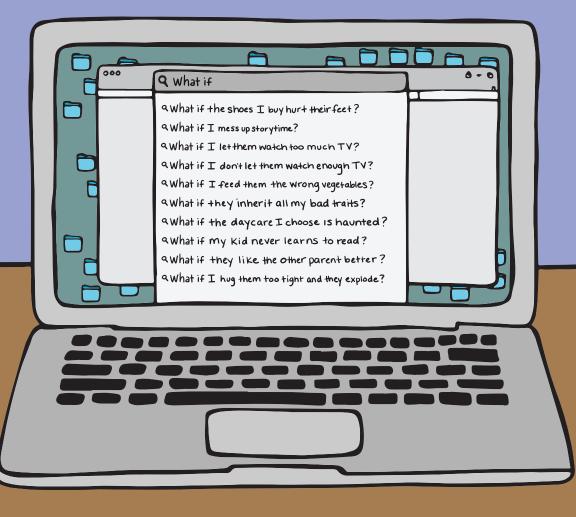




But even so, a nagging thought: What if it's not enough?





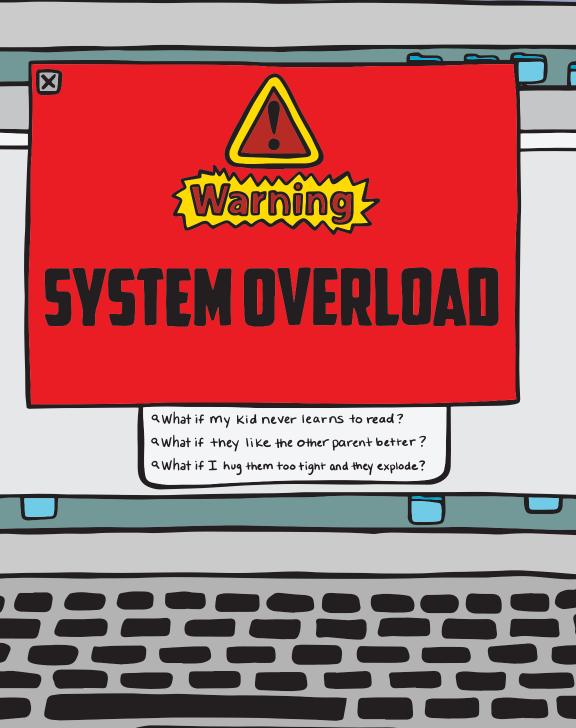


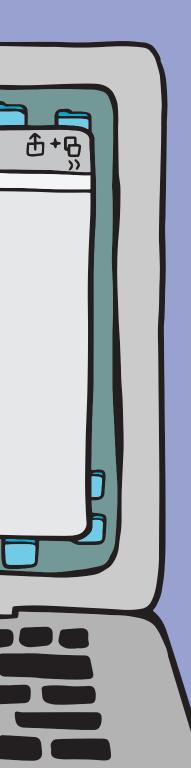
"Or maybe," your head starts to spin, it's now a **full-blown panic**,

"They lose an eye, or even worse, their food is not organic?

"Or what if I'm not watching and they stumble off a cliff?

"Or if I pick the wrong preschool? What if, what if, what if—?"

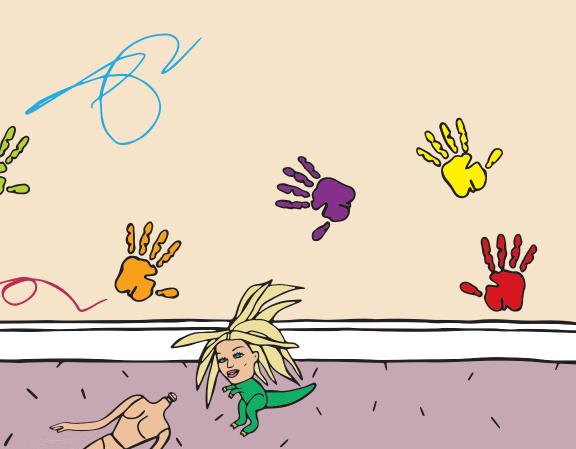




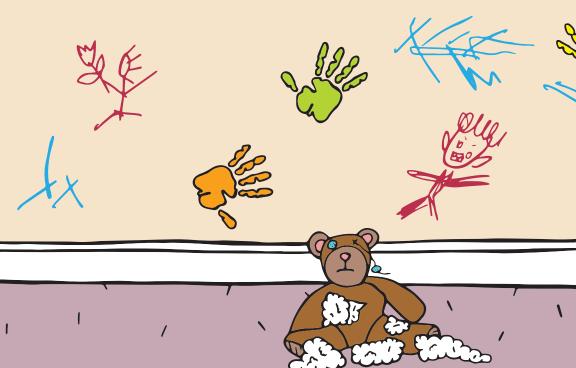
WHOA, okay, calm down. Take a deep breath, big exhale.

It's absolutely normal, feeling like you're doomed to fail.

And though you'll make some **big** mistakes, remember this is true:



When put into perspective, there are moms **WAY** worse than you.

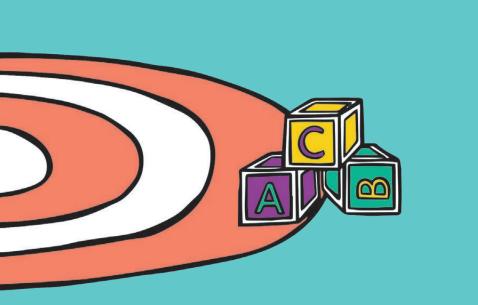




You won't be worse than **hamster moms**,

no matter how you try.

Sometimes they eat their **newborn pups.** We still don't yet know why.



A **mom giraffe** is pretty nice until the fetus drops:

She'll birth a newborn baby calf, then **kick him 'til he walks**.



