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For Love of Country

Leave the Democrat Party Behind

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I dedicate this book to	every American who loves ou freedom.	ur country and cherishes peace and

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Prologue

Sounding the Alarm

love our country. I have committed my life to defending the safety, security, and freedom of the American people. Our country is in the midst of an existential crisis.

I have friends who are Democrats, Republicans, Independents, and Libertarians. I have nothing but respect for all of them. Some work in the field of politics, but most do not. This book is not being written out of spite or animosity toward anyone because of their political affiliation. My message to you is an urgent warning: Those in control of today's Democrat Party and permanent Washington are leading us down a very dangerous path that threatens our freedom, democracy, and ability to thrive in a peaceful, prosperous country.

Regardless of your political affiliation or leanings, or which candidate you like or dislike, we should all be alarmed when those who are driven by their insatiable hunger for power are actively undermining our democracy without care for the short- and long-term consequences of their actions. They are doing all they possibly can to keep the American people from being able to choose who we want to vote for as president. They have no respect for us and our fundamental rights as citizens in a democratic republic. They are so afraid that we, the people, might make "the wrong choice" that in the name of protecting our democracy and saving us from ourselves, they are destroying our democracy and taking away our freedom to decide who our next president should be.

To make matters worse, those leading this fight really believe they're doing the right thing. They say, with great concern in their voice, that if the

American people elect Donald Trump again, he will destroy our democracy and be the dictator-in-chief. This is why they feel they are justified in trying to take away our right to vote for any candidate we choose ... in other words, they say they need to destroy our democracy in order to "save" it.

This is lunacy. It's the mindset and mentality of dictators.

As of this writing, Colorado and Maine took unprecedented action to try to remove the leading Republican candidate for president, Donald J. Trump, from their presidential primary ballots. Similar challenges have been raised in thirty-two states. In defiance of the Constitution, these people are single-handedly attempting to take away the right of American citizens to vote for Trump for president—even though he has not been charged, indicted, or convicted of the crime of insurrection they're accusing him of. Colorado's State Supreme Court made this decision in a 4–3 vote. In Maine, the decision was made unilaterally by the secretary of state, who is not a lawyer, and is a Democrat and vocal Biden supporter, and someone who actively supported impeaching Trump when he was president. Hardly an unbiased arbiter.

The precedent has been set. What's to stop Republican secretaries of state from unilaterally deciding to take President Biden off the ballot? Nothing. Reacting to efforts to remove Trump from the ballot, Missouri secretary of state Jay Ashcroft posted on X, "What has happened in Colorado & Maine is disgraceful & undermines our republic. While I expect the Supreme Court to overturn this, if not, Secretaries of State will step in & ensure the new legal standard for @realDonaldTrump applies equally to @JoeBiden!" 1

Those behind this are not putting all their eggs in one basket, though. This is a multi-front battle, and they will stop at nothing until they're successful. "Progressive" Congressman Ro Khanna from California, who I've known for years, so desperately wants Trump off the ballot that he is demanding that the supposedly nonpartisan chairman of the Federal Reserve intervene and take action to stop the former president from getting reelected. On December 27, 2023, Rep. Khanna said in a post on X that Federal Reserve Chair Jerome Powell "should cut interest rates now given most of inflation was caused by supply shocks. If he doesn't, he may be the person most responsible for the possible return of Trump."

The Democrat elite and their cronies are using our criminal justice system to prosecute and distract the Republican presidential candidate in the midst of a presidential campaign. As a result, Donald Trump currently faces 91 charges in four criminal cases—44 federal charges and 47 state charges, all felonies. They are hoping they'll be able to convict Donald Trump of some crime—any crime—to undermine his support and thus prevent what they fear most: a second Trump presidency.

What's at stake here is far greater than Donald Trump and Joe Biden. Our democracy is being destroyed by the permanent Washington elite in both political parties who truly believe they—and not the American people—have the right and duty to determine who we want to serve and lead our country. They readily dismiss the U.S. Constitution, the rule of law, and the voices of the American people, anointing themselves as the ones who have the power and justification to decide who will become president.

Those of us who love our great country must be deeply saddened, outraged, even frightened by this reality: elected and non-elected entities who are in control of our country have no respect for the will of the American people. None. They don't care about us. They don't care about what we want. But they are afraid of us. Just like foreign dictators are afraid of democracy, the Democrat elite are so afraid of a free society and the possibility that the American people will make "the wrong choice" in this election (by choosing someone other than them), they are not willing to risk allowing us to make that choice. So they use the power of our law enforcement, our criminal justice system, and the national security state as a weapon to stop us from exercising our freedom.

We can't allow them to get away with this. Our democracy is under attack. It's up to us to save it. We must hold those responsible accountable at the ballot box and send a strong message to leaders in both parties: those who abuse their power and undermine our democracy will not be tolerated.

If we do nothing, however, and turn a blind eye to those weaponizing our criminal justice system against their political opponents and telling us who we are and are not allowed to vote for, it will set a precedent for every election and presidency in the future and our democracy will be finished.

This is not the America my brothers and sisters in uniform and I risk our lives to defend.

Is Today the Day?

In the predawn darkness of January 2005, I was strapped into my seat, the ruby red nylon restraining belts over my shoulders nearly cutting off circulation to my arms. My body armor felt like an extension of my body, and my rifle was in hand. We were packed like sardines facing each other, bouncing through a blackened sky aboard the C-130 that was taking us into Iraq. With the exception of the four turboprops whirring outside the flying metal tube, there was total silence. There was tension in the air. For most of us, this was our first combat deployment. We had trained for months—at Schofield Barracks in Hawaii, in the desert of Fort Bliss's Camp MacGregor, and in the wet swampy air of Fort Polk, Louisiana. One battle drill after another. Endless convoy operations. React to contact. Break contact. React to ambush. React to IED. As a medical unit, we rehearsed over and over what to do in a mass-casualty-producing event. We were ready. But for what, exactly, no one knew for sure.

As the military aircraft began its descent, we could feel it zig and zag, lurching and pitching in a stomach-churning downward corkscrew intended to make sure our aircraft would not be an easy target for RPGs or other weapons. We plummeted through the darkness. The flaps and landing gear deployed. Without any windows or visual reference points outside, we didn't know exactly where or when the ground would come up to reach us. All we knew was, training was over. We were landing at our camp in Iraq, around forty miles north of Baghdad.

As a kid growing up in Hawaii, the thought of serving in the military never crossed my mind. I experienced at a young age that I was happiest when I was serving God and others. It was the small things that taught me this—bringing a smile to someone's face, letting a fellow surfer ride a wave when they'd been struggling to catch one all morning, preparing and giving

out food to those who were homeless and hungry in the park. I knew I wanted to follow a path of service with my life—and started with taking care of my community and my home. I was passionate about protecting the beautiful oceans, land, and mountains of our home state. I'd get my friends together and organize beach cleanups, and cofounded an environmental nonprofit as a teenager. But I felt like I wasn't doing enough. I ran for and was elected to the Hawaii State Legislature at twenty-one years old. The Islamist terrorist attack on 9/11 happened, and like for so many Americans, it changed my life. I raised my right hand and enlisted in the Hawaii National Guard, and volunteered to deploy to Iraq with my fellow soldiers, leaving my seat in the statehouse behind.

As we unloaded the aircraft on that January morning in 2005, the air was brisk and cold. We moved through a brief administrative processing and found the tents where we would be staying. I was assigned to an Army GP Medium tent with eighteen other women, each of us quickly finding a spot to drop our bags and set up our cots. It was late, and I was tired. I curled up in my sleeping bag, rifle by my side, body armor within arm's reach. Within a few hours, we heard sirens sounding, warning of an incoming mortar attack. We threw on our gear, grabbed our rifles, and ran out to the cement bunker. I don't know how much protection it gave us—but this would end up being an almost daily occurrence for the twelve months we were there.

The next morning, I went for a walk around the camp that would be home for the next year. When I came up to the North Gate, one of the busiest for our security patrols, I saw a sign that stopped me in my tracks. It read in big, bold letters: "IS TODAY THE DAY?"

I would see that sign almost every day I was there. It bore into my consciousness. It was a reminder to us all that any day could be our last. It was also a question that I reflected on often: Life is short. My time could come at any moment. Am I making the most of every day, to live my life in service to God and working for the well-being of His children?

Too many of our fellow soldiers who passed through that gate were killed or wounded. Many of us who made the long trip home found our homecoming bittersweet. We mourned the loss of our friends. Our lives had changed. Our world had changed. Nothing would be the same again. When I got home, I had many sleepless nights. What should've been comfortable and familiar seemed different and out of place. There were no mortar attacks, no sirens, no incoming fire. I laid awake, remembering the words on that sign. IS TODAY THE DAY? I resolved to dedicate myself to a sense of renewed purpose—to honor the sacrifices of our fallen comrades, make every day count, and do all that I could to ensure every American could live free and in peace.

IS TODAY THE DAY?

I urge you to reflect on this same question, which is just as true and relevant to us in our lives today as it was for us in a war zone.

Today is the day. We have no time to waste. We live in troubled times. Our nation is bitterly divided. Our future as a republic, as a union, appears bleak. The news—the noise, the insanity, the darkness—is something many of us want to shut out. There are times when all I want to do is grab my surfboard and paddle out into the ocean, or go for a hike in the mountains, and appreciate the peace and majesty of Mother Nature.

But there is too much at stake, in this moment, to put our heads in the sand and go about our lives with blinders on hoping the insanity will fade away. The insanity and threats to our constitutional democracy will not fade away and will only increase unless we stand up and remind those trying to destroy this country that ours is a government of, by, and for the people.

I joined the Democrat Party in Hawaii in 2002 because I saw a party that, at that time, appeared to be the party of the people, a party that valued free speech, welcoming all comers into a big tent where the sharing of diverse opinions and views on issues was encouraged. It was a party that fought for civil liberties and rights, remembering how neighbors and friends were thrown in Japanese internment camps during World War II, their freedoms taken away in an instant. It was a party inspired by JFK and the Reverend Martin Luther King Jr., who showed us what is possible when we as

Americans come together.

The party I joined over twenty years ago no longer exists today.

I could no longer remain in today's Democrat Party, which is now under the complete control of an elitist cabal of warmongers fueled by cowardly wokeness who divide us by racializing every issue and stoke anti-white racism, actively work to undermine our God-given freedoms enshrined in our Constitution, are hostile to people of faith and spirituality, demonize the police and protect criminals at the expense of law-abiding Americans, allow our borders to remain open while claiming they are "secure," weaponize the national security state to go after political opponents, and, above all, drag us closer to nuclear war with each passing day.

Aloha

I left the Democrat Party and became an Independent. For the sake of our country, peace, freedom, and our hope for a prosperous future, I urge you to do the same.

As we look to the way ahead and how we will forge our path through the darkness and toward a brighter future for all Americans, the spirit of aloha serves as the torch that will guide us through.

What is aloha? While you may be familiar with "aloha" as a word often used as a greeting, it means so much more than that.

The word *alo* means to share, and *ha* refers to the eternal life force within each of us. Aloha recognizes that we are all connected in a spiritual sense, as children of God. Knowing this truth inspires how we should relate to each other and how we can come together to defend our God-given freedoms enshrined in the Constitution against those who seek to take them away. While in this book I detail the reasons I left the Democrat Party, and the serious threat the Democrat elite pose to our freedom and democracy in this very moment, I recognize that the challenges we face in our political system and country are not limited to one political party.

Politicians from both political parties who are more interested in serving

their own interests than in serving the needs of the American people have taken control of our country. They will not give up their power without a fight.

We live in the greatest country in the world, filled with potential for us to build a brighter future and a more perfect union where every American can live free, in peace, and with opportunity for prosperity ... a future where we celebrate free speech and respect each other as children of God and as Americans, even if we disagree on an issue or policy. This is the country our Founders envisioned for us, and it is my fervent hope that we come together, remembering the foundational principles that connect us as Americans, to make that vision a reality. It's up to us—all of us—to make it happen.

Will you join me? Aloha.

CHAPTER ONE

The End of Our Democracy?

I can no longer remain in a party that abuses its power by leveraging the national security state and law enforcement against their opponents, undermining the rule of law and turning our democracy into a banana republic.

Our democracy can survive only if the United States is firmly rooted on the foundation of the rule of law, a nation where justice is applied equally and fairly, no matter your politics, sex, race, or religion. Guided by their belief that the end justifies the means, the Democrat elite are using the power of law enforcement to target political or personal opponents, undermining the essence of the rule of law and exposing their contempt for the American people and our democracy. If we allow this to continue, the America we know and love will disappear forever. This is why I left the Democrat Party and urge other Democrats who love our country to do the same.

A Nail in the Coffin of Democracy

On June 9, 2023, Biden administration special counsel Jack Smith indicted former president Donald Trump on thirty-seven felony counts based on Smith's investigation into Trump's handling of classified documents after he left the White House. The indictment alleged crimes related to the retention of national defense information, violations of the Espionage Act, obstruction of justice, and false statements.

This was an unprecedented moment in American history. Never before in

our country has a sitting president used the powers of law enforcement to criminally indict the political opponent who poses the greatest threat to his reelection bid. This action by the Biden administration is a serious blow to our democracy with aftershocks likely to be felt for decades to come. Will future administrations follow suit? Why wouldn't they? The precedent has been set.

I was in Colorado Springs, wrapping up Army duty as a Civil Affairs Battalion Commander at Fort Carson, when Smith held his press conference. It just so happened I had previously been scheduled to speak at the Western Conservative Summit in Denver the next day. As I made the ninety-minute drive to Denver, I listened to the so-called pundits' commentary on the different cable news networks. While almost all said they recognized the seriousness of what had just occurred, it was obvious that the commentators on networks like CNN and MSNBC could barely contain their glee—finally, Donald J. Trump, their Enemy Number One for so many years, was going to go down. In their minds, victory was at hand.

Once I got to the hotel in Denver, I sat down to prepare for the next day's speech. I took one look at the notes I had written and threw them in the trash. I sat at my laptop to write a new speech that would express the gravity and significance of this moment, not just for the upcoming 2024 election, but for a generation to come.

I began my speech, saying:

It is a historic and dark day in America—a sitting President of the United States has taken unprecedented action, abusing his power by directing the government and justice system to be used against his major political opponent, charging him with multiple crimes, right in the middle of a competitive presidential campaign, with the election right around the corner. This could be one of the final nails in the coffin of our democracy.

President Biden likes to tell us how he is a champion of democracy. But his actions tell a very different story. With his administration's indictment of President Trump, and their ongoing efforts to target political opponents and limit free speech, their actions remind us more of authoritarian regimes where leaders often use the power of the state to silence or eliminate their opposition.

The heart of a functioning justice system is this: If a law is going to be enforced, it should be enforced equally and fairly across the board.

The Democrat elite and their propaganda arm in the media clearly do not believe in this principle; or more likely, they care more about power than they do about our country and our democracy. The blatant double standard in their application of justice is obvious. There is one standard for the Democrat elite and their cabal of friends in the media, Big Tech, and the national security state, and another standard for anyone who is not a part of their club—especially former president Donald Trump.

As I looked at the accusations against Trump and heard the Democrat elite and propaganda media say over and over, "No one is above the law," I would've laughed at their hypocrisy if the consequences weren't so serious. The reality is, they pick and choose who is and is not "above the law." I remembered watching President Obama's FBI director, James Comey, deliver a lengthy speech during his press conference about his investigation into Hillary Clinton, detailing her vast mishandling of highly classified national security documents in her emails, personal server, laptops, and so forth. His statement was so compelling and damning that I thought, for sure, the investigation would result in an indictment of some sort. But it did not. Comey chose not to prosecute. I shouldn't have been surprised. Hillary Clinton is at the heart of permanent Washington and therefore, to them, is above the law.

Even as Jack Smith's investigation into Trump was ongoing, President Biden was found to be storing in unsecure locations classified documents related to national security. When initially asked about the documents, he told reporters, "I think you're going to find there's nothing there." But there was something there. A whole lot of something. Multiple searches resulted in the discovery of classified documents at his private office, boxed up in his garage

in Wilmington, and in his home. Attorney General Merrick Garland appointed Special Counsel Robert Hur to investigate Biden. In a report dated February 5, 2024, Special Counsel Hur stated on page one of the executive summary,¹

Our investigation uncovered evidence that President Biden willfully retained and disclosed classified materials after his vice presidency when he was a private citizen. These materials included (1) marked classified documents about military and foreign policy in Afghanistan, and (2) notebooks containing Mr. Biden's handwritten entries about issues of national security and foreign policy implicating sensitive intelligence sources and methods. FBI agents recovered these materials from the garage, offices, and basement den in Mr. Biden's Wilmington, Delaware home. However, for the reasons summarized below, we conclude that the evidence does not establish Mr. Biden's guilt beyond a reasonable doubt. Prosecution of Mr. Biden is also unwarranted based on our consideration of the aggravating and mitigating factors set forth in the Department of Justice's Principles of Federal Prosecution. For these reasons, we decline prosecution of Mr. Biden.

No consequences. Like Hillary Clinton, President Biden is also above the law. Former president Trump, however, is not part of their permanent Washington club—in fact, he is a threat to their power, and therefore faces the full force of the law.

One of Jack Smith's allegations against President Trump is that he lied to federal agents. This is one of those charges that the Democrat elite use selectively and only against their opponents. During the Obama administration's reign, former director of national intelligence James Clapper and former director of the CIA John Brennan both lied under oath to the U.S. Congress, and not only did they not face prosecution, they kept their jobs and have now been elevated by the Democrat elite and propaganda media who tout them as two of the greatest national security minds in America.

There has also been no accountability for the fifty-one former senior intelligence officials and CIA operatives who orchestrated a baseless, false public statement at the behest of the Biden campaign alleging the contents of Hunter Biden's laptop to be "Russian disinformation" just to keep voters from seeing its contents before we cast our votes in 2020.

Similarly, even in the wake of the Durham Report exposing that the FBI had launched a years-long investigation into Trump based on what they knew were lies, undermining his presidency, no one has been held accountable in any way.

As I detailed these examples to the Western Conservative Summit audience that night in Denver, they recognized the seriousness of the threat we face. What's happening is so much bigger than Trump or any single individual.

We are undergoing a direct assault on our democracy. The Democrat elite and Washington establishment are terrified that we, the people, may make the "wrong" choice in this election by voting for Donald Trump. They are also trying to clamp down on free speech, censoring or limiting certain voices or information that could potentially influence us to make the "wrong" choice. This is the hallmark of a dictatorship, no matter how well-intentioned the Democrat elite claim to be. It is exactly this kind of abuse of power that our Founders wanted to prevent, and why they created the Bill of Rights, emphasizing our right to free speech, freedom of the press, freedom of religion, and freedom of expression.

If this is allowed to continue, the harm inflicted on our country and our democracy may be irreversible.

The Birth of the Big Hoax

For months before the 2016 election, many of my former Democrat colleagues had been breathlessly claiming that Donald Trump was the most racist, unqualified, vile person who had ever sought the office of the presidency. To create suspicion in the minds of the American people about

him, they invented a conspiracy theory that he was "colluding" with the Russians to win the election. Hillary Clinton used a similar tactic against me when I ran for president in 2020, accusing me of being "groomed by the Russians." Leading Democrats asserted with great confidence that this theory about Trump was true, and that it was only a matter of time before the evidence was revealed. The fact that there was no evidence didn't stop every mainstream media organization in the country from referring to "Russia collusion" as if it were a matter of settled fact. On October 31, 2016, for instance, the website *Slate* posted a story claiming that Donald Trump had improper ties to Alfa Bank, one of the most powerful financial institutions in Russia.²

The problem? None of it was true. As the world learned in May 2022, the story was nothing more than a piece of "opposition research" planted by the Hillary Clinton campaign. According to sworn testimony provided by Robby Mook, who managed the Clinton campaign, Hillary Clinton had overseen a plan to take this fake story, alert the FBI about it, and plant it with a friendly journalist to sow confusion and suspicion about Donald Trump's relationship with Russia.

The *Wall Street Journal* summarized the revelations, saying that "the Clinton campaign created the Trump-Alfa allegation, fed it to a credulous press that failed to confirm the allegations but ran with them anyway, then promoted the story as if it were legitimate news. The campaign also delivered the claims to the FBI, giving journalists another excuse to portray the accusations as serious and perhaps true."³

This process of creating fake news, planting it with the "Deep State" (made up of active and retired officials from within the Justice Department and other national security agencies), and handing it over to the media to repeat and amplify, has played itself out over and over again.

The whole point is to mislead the American people and discourage them from voting for Trump. This is what happened with the infamous Steele Dossier, a packet of opposition research put together by British spy-for-hire Christopher Steele, which contained lurid accusations about Russian prostitutes urinating on a bed while Donald Trump watched, among other