

LAZY *witchcraft* FOR CRAZY, *sh* *tty* DAYS

EASY SPELLS AND RITUALS
FOR WHEN YOU'RE
STRESSED OUT, WIPED OUT, OR JUST
HAVE NO MORE SPOONS TO GIVE

ANDREA SAMAYOA

Creator of Moon Street Kits

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introduction

Welcome to the easiest book of witchcraft that you'll ever find. *Lazy Witchcraft for Crazy, Sh*tty Days* was created for those of us who want to be witchy so bad but can't seem to find the time, energy, or will to live (at least some days). It's for those of us who see all the fascinating, complicated spells and rituals online and think, "That's cute . . . but it seems like a lot of work." Whether you suffer from an illness that leaves you fatigued or are just so fucking tired from trying to function like a "normal" human is supposed to in our society, this book is here to help. DON'T TAKE IT TOO SERIOUSLY. Are there times we need to be serious? Sure. But this book is not about summoning demons from the underworld to burn down capitalism; it's to help you survive this thing we call life.

Now you're probably wondering, "Why the fuck should I listen to this random ass lady?" So let me give you some background. Hi, I'm Andrea. I started doing spells when I was very young, eventually turning my interest into not just a full-blown spiritual practice but a career, as well. As a practicing witch and owner of the online metaphysical shop Moon Street Kits, I was used to doing magic every single day. Spells, rituals, crafts, literally anything you can think of—until my health intervened.



Out of nowhere, I started feeling tired, unmotivated, and basically overpowered by executive dysfunction. I was eventually diagnosed with anemia, but the medication took a very long time to start working (this is on top of my already-existing anxiety and mental health issues). The one thing that bothered me the most throughout this saga was my inability to practice my witchcraft. I started researching and searching for simpler spells that could meet my low-energy needs and, girl, why the fuck was it still so complicated? Then it hit me. It doesn't need to be. Witchcraft is about

intention more than anything, so why does a spell need to have a million ingredients to work? I looked at my *Book of Shadows*, packed with spells I'd developed through years of research and practice, and thought, "I can make this easier." And I did.

Switching to a low-effort, low-energy approach completely changed and revitalized my practice and eventually led to this book. "Lazy witchcraft" means super easy, super low-effort, super low-energy spells and rituals. And "for crazy, shitty days" means for days when you are struggling, whether that be with stress, chronic illness, executive dysfunction, depression, anxiety, or other physical, mental, or emotional health challenges. Because, these days, who isn't?

HOW TO USE THIS BOOK

Each chapter of this book (aside from [Chapter One](#)—more on that in a sec) covers a different intention—the reason you’re doing the spell in the first place. It could be focus, healing, protection, learning to love your shadow self, whatever. If I were you, I’d start in chronological order for the first three chapters. [Chapter 1](#) will give you basics you’ll use throughout the book. [Chapter 2](#) will give you a baseline on manifestation since, technically, all spells use manifestation. [Chapter 3](#) is all about protection, which is the most important part of the craft. The last three chapters can be done in any order, depending on what you need on any given day. Struggling with self-worth? [Chapter 4](#) has your back. Got a deadline and can't focus? Hit up [Chapter 5](#). Need some cold, hard cash (don’t we all?) see [Chapter 6](#).

At the beginning of each chapter, you’ll find a list of correspondences, ingredients, and substitutions. Correspondences are a list of herbs, crystals, colors, etc., that match a certain intention. For example, if your intention is self-love, then some of its correspondences would be pink, rose quartz, and rose petals. Your correspondence tables can also be used to create your own spells once you’re comfortable enough and get into the flow of low-energy witchcraft.

Throughout the book, you’ll see that all the spells have a “spoon” rating. Spoons are simply a measurement of the amount of energy you have to give in the current moment. I’ve based this system on a ten-spoon scale. Think of a ten like a full-scale two-day ritual with costumes, feasts, and other wild shit, while a one might be lighting a candle and making a wish. In this book, we’re never going over a five, because that’s all that most of us can give after we’ve given so much to work, school, family, and friends.

Before we get started, I’d like to take a moment to throw in some disclaimers. This book was created by me, shaped by my belief system, and based on how I view witchcraft. Each practitioner has his or her own way of doing things since witchcraft is a practice, not a religion. I am not Wiccan, Christian, Jewish, Muslim, or anything else. I have no religion.

Incorporating your personal belief system into your craft is a wonderful way to brand your spellwork, which will help make your rituals stronger. I'll be referencing the universe quite a bit throughout the book. The universe is who I pray to, manifest to, and give offerings to. Feel free to switch the term out for whomever you'd like.

Witchcraft doesn't have to be scary or complicated or feel like work. My goal in this book is to make witchcraft as accessible as I possibly can. The spells I give you will be easy and straight to the point, babe. Don't let that little voice in the back of your head stop you from practicing. Whether you're a tenured, seasoned witch or you're just starting out, we all sometimes get this thing called imposter syndrome. Imposter syndrome is when you know exactly what you're doing, but your brain is like, "Nope, you suck. You have no idea what's happening. Please just stop." Yes, it even happens to me. Tell that voice to fuck off.

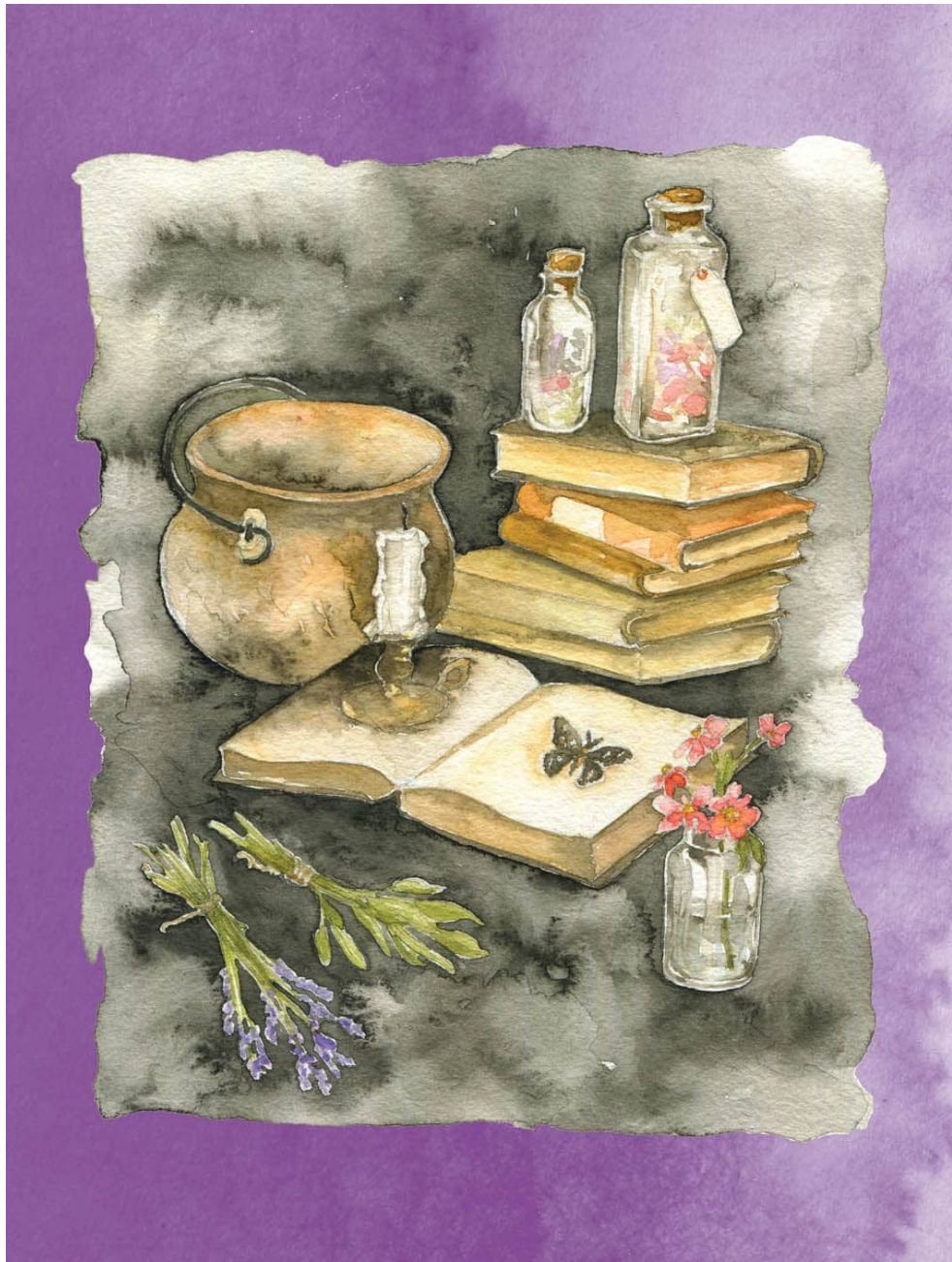
Ready to do some spells? Let's get started.



1

what IF DO I NEED? + *how IF* DO I DO THIS?

In this first chapter, we'll be covering the tools, practices, and techniques that form the basis of the spells in this book. Some of these you'll probably recognize, but I've added my own "lazy" twist to a lot of it to make it more accessible (while keeping the same energy and intention). In some cases, this is literally just permission to buy the cheaper, easier-to-find version of the item. Witchcraft does not need to cost a lot of money and thrift stores are your friend, babes. Now let's see what the fuck you'll need to do this shit.



what IF DO I NEED?

Every witch will tell you that you need something different for your spellwork. While I think candles are more important than cauldrons, another witch might say the opposite. The most crucial thing is to remember that the tools are just mundane objects without you. You are divinely connected to the universe; the magic comes from you.

YOUR BASIC LAZY WITCH TOOLKIT

Below is a list of every type of tool you'll use in this book and some alternatives for those of us who don't have easy access to those tools or are still a newbie in the witchy closet (don't worry babe, you got this). Just remember, a tool that costs \$100 works just as well as one that you got from the thrift store. Regardless of where you get them, you'll need to cleanse them. I'll show you a few ways to do that further into this chapter.

LIGHTERS

If you want to be super fancy, you can match your lighter color to your intention and candle color, but I didn't write this whole ass book for y'all to be fancy. I wrote it so we could be lazy but still effective. Get yourself to a gas station and grab one of those. If it produces fire, it works.

CHARCOAL

This is not the charcoal you use to light a grill. You're looking for charcoal disks. These are usually easier to buy online since the only shops I've seen carrying charcoal disks are smoke shops, and I'm just going to assume not all of us are comfortable going into certain places. Charcoal disks can stay ignited for four to six hours, but you won't ever need it to be lit that long for this book. Instead, break the charcoal disk into four pieces. This will make it burn for thirty minutes to one hour, which is the perfect amount of time.

TONGS AND TWEEZERS

These are mostly meant to handle your charcoal. When you light charcoal, you have to hold it up to the flame for thirty seconds to two minutes, depending on the quality of the charcoal. Holding it with tongs or tweezers makes life so much easier and creates less stress, as the possibility of burning yourself goes down exponentially.

FIREPROOF VESSELS

If you're burning something in a bowl or on a plate, IT NEEDS TO BE FIREPROOF OR FIRE-RESISTENT. Please, for the love of everything holy and unholy, follow this rule. You can find fireproof incense burners online. The little ramekins that you can bake with? Those are also fireproof. Cast-iron cauldrons are fireproof, as well. A few spells in this book will require you to stick candles to plates; those should also be, you guessed it, fireproof. Remember, fireproof doesn't mean the vessel won't get hot—it most certainly will—so when you're burning anything, make sure the surface isn't made out of plastic. And, of course, never, ever, EVER leave anything burning unattended.

SAND

Always keep sand on your workspace. When we dress candles (more on that later) or light herbs, it produces a fire that can give you high flames. I don't know about y'all, but that shit gives me anxiety. Pouring water on it is fine unless the spell contains oils; but pouring water on fire basically boils the water, which has the potential of splashing you. It's not a good time. But sand? Sand is reliable at dousing any amount of fire. Use sand.

BOWLS

Mixing bowls and ritual bowls don't have to be made out of a certain material. In the witchcraft community. People sometimes frown upon the use of plastic, but they don't take into consideration the simple fact that a lot of people just can't afford nice things. That being said, glass is preferred but not mandatory. If you're ballin' on a budget, go to a thrift store. You can get bowls for \$1 that work just as well as the \$20 ones you can find at HomeGoods.

CANDLES

There are quite a few types of candles: chime, tealight, pillar, jar, taper, etc. You know what people usually don't tell you to use? Birthday candles. Birthday candles are cheap as fuck and give the same outcome that a \$40 candle from the mall gives. Even thrifted candles work just fine. As my own rule, any candle can be switched out for a white candle unless it's a protection spell. Those candles should always be black (in my opinion). So if you only have those two colors, you're good to go.



When dressing your candles, PLEASE BE CAREFUL. Herbs and oils do catch fire, and your candle will absolutely catch fire if the herbs are too big or you add too much oil. If you're not comfy using fire, you can always use battery-powered candles. Paint some Mod Podge on the outside, and drop your herbs on. Let it dry, and there you have it: a fake spell candle that works just as well.

CANDLE HOLDERS

Again, do you need them? Not at all. You can melt the bottom of a chime candle and stick it to a fireproof plate and call it a day. But if you want them, you can get any kind from anywhere. Go nuts, but again . . . FIREPROOF.

BOTTLES AND JARS

Thrift that shit. Reuse old pasta jars. Keep your old perfume bottles. Empty spice jars? Fucking elite, bitch. You can even reuse spell jars you've already made once the original spell has been completed. I'll show you how to do that later, as well. If you want to be fancy, I usually use 20-milliliter bottles with corks for my spell jars. They're the perfect size. For containers, I use jars and bottles that are meant to store spices and things for the kitchen.

RITUAL SPOONS AND KNIVES

You can get ritual spoons and knives from witchcraft and metaphysical shops, or just go to your kitchen. Does the spoon mix? Great, then it's a witchcraft spoon. Does the knife cut? Great, it's a witchcraft knife now. The only thing I will say is that you shouldn't interchange them. Once you've used something for witchy activities, keep those specifically for that purpose. That way you don't have to worry about cross-contamination. You don't want to add anything to your spells that's not supposed to be there, and you don't want to eat anything from your spells that isn't meant to be ingested.

CARVING TOOLS

We use these tools to carve sigils, symbols, or words into candles. Old pens, vinyl weeders, cuticle pushers—anything that can carve basically. It doesn't have to be super sharp, but you do need something with a point.

PAINT BRUSHES

I know damn well none of you want to be smelling a strong-ass essential oil all fucking day. When you dress candles, using a paint brush to paint it on does two things. One, it allows you to evenly spread it and control the placement and amount that you're putting on your candle. Two, it keeps your hands nice and clean, so you don't get a migraine from smelling some potent-ass shit all day. Gloves are also an option; I just hate how they feel. Probably my low-key neurodivergent brain. If you can relate, grab a paintbrush.

SPELL PAPER

Printer paper, notebook paper, and parchment paper all work for this purpose. I prefer to use handmade paper since I'm usually burning it and some factory-processed papers have chemicals that aren't good to inhale. Well, no smoke is great to inhale, but let's try to keep the exposure to a minimum, right? Handmade paper has a shorter biodegradability time span. Some other planet-friendly options include hemp paper, reclaimed straw, recycled cotton, bamboo, sugarcane, seed paper, and recycled paper.

STRING AND ROPE

Head on over to a craft store and grab the cheapest kind. My favorite to use is twine. I don't know why, but it gives a rustic witchy feel to my spells while also saving me money because twine can be found pretty much everywhere. If you're feeling crafty, (even though we're only using four or five different colors throughout the whole book, generally speaking) you can dye the twine instead of buying fifty different colors of string.

SACHETS AND STRAINERS

Sachets are usually made of a muslin material, making them perfect for spell or charm bags but also tea strainers. Yup, a two-for-one. Muslin is a thin material so putting your tea blends in them and directly brewing them in boiling water works just as well as, if not better than, a strainer. Strainers tend to be metal and have tiny holes in them, which allows powdered herbs like chamomile to seep through. You don't want to be choking mid-spell because a piece of lavender got stuck at the back of your throat. If you want to go extra DIY on your charm bags, you can grab some fabric squares from your local craft store and either sew or simply tie the squares together once your ingredients are inside.

RUBBING ALCOHOL AND WITCH HAZEL

Rubbing alcohol is used throughout this book to stop water spells from molding. You can switch this out for vodka or witch hazel. The only issue I have with substituting in witch hazel is the smell that it gives off. I very much dislike the smell of witch hazel. Rubbing alcohol also has a longer shelf life.

PENS AND MARKERS

I suggest having one pen, one permanent marker, and one paint marker. The pen is for writing on spell paper. Permanent markers work fantastically on bay leaves, and the paint marker works on glass. The writing tools don't need to be specifically used for witchcraft, meaning you can use the same pen that you used to write that love letter to your ex (that you should definitely not fucking send, they're an ex for a reason, babe).